Chapter 810 Work Zone Traffic Control

810.01 General

Highway improvements always have some impact on the users of that facility during the construction phase. The various activities required to improve the highway cannot be undertaken without some disruption to the existing traffic patterns. In all but a very few instances the public must have some form of access through or around the work site. The planning, design, and preparation of contract documents for the modification of these traffic patterns during construction is known as work zone traffic control. The frequency of traffic collisions in work zones is disproportionately higher than at any other highway location and the primary consideration in providing work zone traffic control is safety. Safety is the primary consideration for all people within the work zone, the motorist, pedestrians, bicyclists, contractor's workers, agency's inspectors, surveyors, and other personnel on the site.

Maintaining the optimum carrying capacity of an existing facility during construction is usually not possible. As construction progresses, existing traffic lanes will be either temporarily narrowed or closed and will reduce the highway's capacity. Even when the construction work does not affect adjacent traffic lanes, slowdowns in the traffic flow are common because these activities can be a distraction to the motorist. Providing improvements to alternate routes of travel, widening temporary traffic lanes, staging work to occur in off-peak traffic hours, and other means of offsetting the capacity reduction are part of a comprehensive work zone traffic control strategy. The impacts these operations have on the traffic flow are important, but not at the expense of safety. The construction activities that disrupt or reduce traffic flow can often be scheduled for time periods when the traffic volume is minimal.

810.02 References

Manual on Uniform Traffic Control Devices USDOT, Washington DC, including the *Washington State Modifications to the MUTCD*, WSDOT (MUTCD) http://www.wsdot.wa.gov/biz/trafficoperations/mutcd.htm

Planning and Scheduling Work Zone Traffic Control, USDOT, 1981

Directive D 55-20, Reduced speed in maintenance and construction zones.

Instructional Letter IL 4008.00, WSP traffic control assistance in work zones.

Standard Plans for Road, Bridge, and Municipal Construction (Standard Plans), M 21-01, WSDOT

Standard Specifications for Road, Bridge and Municipal Construction (Standard Specifications), M 41-10, WSDOT

Plans Preparation Manual, M 22-31, WSDOT

Traffic Manual, M 51-02, WSDOT

Construction Manual, M 41-01, WSDOT

Work Zone Traffic Control Guidelines, M 54-44, WSDOT

Highway Capacity Manual, 2000, TRB

810.03 Public Information

Accurate and timely reporting of project information to the public is a valuable element in the overall traffic control strategy. The use of public information resources, such as newspapers, radio, and television, can greatly improve the public's perception and acceptance of the necessary delays and other inconveniences caused by the project's construction. The potential benefits derived from this effort are:

- Advanced notice might encourage motorists to seek alternate routes around the project.

- Reduced traffic volume and driver awareness might result in fewer crashes, safer working conditions, and fewer motorist complaints.
- Motorist acceptance might reduce aggressive driving behavior.

The region's public information officer can provide assistance in this effort.

810.04 Work Zone Classification

The duration of work is a major factor in determining the number and types of devices used in traffic control work zones. There are five classes of zones categorized by the expected duration of work. Different criteria apply to the design and planning for each of these. Several work zone classifications might be present during the construction phase of a project. The following are the five classes of work zones.

(1) Long-Term Stationary Work Zones

Long-term stationary work zones occupy locations longer than 3 days. At these locations there is ample time to install and realize benefits from the full range of traffic control procedures and devices that are available for use. Generally, larger channelizing devices are used, as they have more retroreflective material and offer increased nighttime visibility. The larger devices are also less likely to be displaced or tipped over by passing traffic. This can be an important consideration during those periods when the work crew is not present. Since long-term operations extend into nighttime, retroreflective and illuminated devices are necessary. Temporary detours and barriers can be provided, and inappropriate pavement markings can be removed and replaced with temporary markings. The time required for the installation and removal of temporary barriers and pavement markings is justifiable when they are required for about a week.

(2) Intermediate-Term Stationary Work Zones

Intermediate-term stationary work zones occupy a location from overnight to 3 days. At these locations it might not be feasible or practical to use procedures or devices used for long-term stationary temporary traffic control zones. The increased time required to place and remove these devices might significantly lengthen the project, thus increasing the workers exposure time. The region's traffic office is a valuable resource to assist in making this decision.

(3) Short-Term Stationary Work Zones

Short-term stationary work zones are locations where the work will be accomplished during daylight hours and the activity can be accomplished in 12 hours or less. Most maintenance and utility operations use short-term stationary work zones. They are also used for minor construction activities on projects. The work crew is present to maintain and monitor the temporary traffic control devices. The use of flaggers to control traffic is sometimes necessary. Lighting and retroreflective devices are used when seasonal and climatic conditions limit visibility.

(4) Short-Duration Work Zones

Short-duration work zones occupy a location for up to one hour. During short-duration work, the work crew sets up and takes down the traffic control devices. Because the work time is short, the impact to motorists is usually not significant and simplified traffic control procedures are used. These simplified control procedures can often be standardized plans as contained in the Standard Plans and the *Work Zone Traffic Control Guidelines*.

(5) Mobile Work Zones

Mobile work zones are work activities that progress along the road either intermittently or continuously. Mobile operations often involve frequent stops for activities such as litter cleanup, pothole patching, or utility operations and are similar to short duration work zones. Warning signs, flashing vehicle lights, flags, and channelizing devices are used. When the operation moves along the road at low speeds without stopping, the advance warning devices are often attached to mobile units and move with the operation. Flaggers are exposed to more extreme hazards in these operations and safeguards are necessary. Electronic signs and flashing arrow displays are far more effective

than flaggers in these situations. Pavement milling and paving activities are to some extent mobile operations in that they can progress along a roadway several miles in a day. These operations, however, are not considered mobile work zones.

810.05 Work Zone Types

The work zone type is the basic layout of the work site and the configuration of traffic lanes. There are ten basic work zone types. See Figures 810-1a through 810-1c. Work sites that are located completely off the roadway and do not disrupt traffic are not included. A description of each of the ten types is as follows:

(1) Lane Constriction

The lanes in this work zone type retain their normal number and general alignment. One or more of the traffic lanes have reduced widths to provide the necessary separation from the work zone. This arrangement causes the least disruption to traffic.

(2) Lane Closure

One or more of the traffic lanes are closed in this work zone type. A capacity analysis is necessary to determine the extent of congestion that might result.

(3) Shared Right of Way

This work zone type involves using one lane for both directions of traffic. Flaggers or traffic signals are normally used to control the alternation of traffic movements.

(4) Temporary Bypass

This work zone type involves total closure of one or both directions of travel on the roadway. Traffic is routed to a temporary bypass constructed within the highway's right of way.

(5) Intermittent Closure

This work zone type involves stopping all traffic in both directions for a relatively short time to allow the work to proceed. After a certain amount of time, driven by the traffic volume, the roadway is reopened.

(6) Crossover

This work zone type involves routing the traffic from one direction onto a portion of the median and roadway of the opposing traffic. It can also incorporate lane width constrictions to maintain the same number of lanes. On higher speed roadways, a portable or temporary barrier is used to separate the two directions of traffic.

(7) Shoulder Use

The traffic lanes are routed onto the shoulder in this work zone type. The structural capacity of the shoulder must first be analyzed to determine its ability to carry the proposed traffic.

(8) Median Use

This work zone type is similar to the shoulder use type and is used on divided highways where the median and adjacent shoulders are used for the traffic lanes. Barriers are usually necessary to separate opposing traffic.

(9) Detour

This work zone type involves total closure of the roadway. Traffic is rerouted to an adjacent street or highway.

(10) Multiple Lane Separation

In this work zone type the traffic lanes in one direction are separated to allow construction activities within one of the lanes. On higher speed roadways, temporary barriers are provided to prevent errant vehicles from entering the work area.

810.06 Project Definition

Large projects are more successful in managing traffic and providing adequate safety when there is early and ongoing communication between the designer and the construction Project Engineer, who will be responsible for the administration of the contract. Agreement is necessary to ensure that the traffic control plans and specifications will be effective and enforceable. In addition, a meeting (attended by the region's Traffic Engineer, law enforcement officials, a construction project engineer, and representatives from local agencies affected by the planned project) is held early in the design

definition phase to discuss construction work zone traffic control strategy options and to select the most feasible approach. Additional traffic control strategy meetings, depending on the size and complexity of the project, are held as more specific design information becomes available.

The options developed for the work zone traffic control strategy define the level of safety provided for motorists, pedestrians, and workers, and predict the acceptable level of service to be maintained for traffic. The objectives of this strategy include the following:

- The safety of motorists and pedestrians traveling through work zones.
- Protection of highway workers from hazards associated with moving traffic.
- Minimize travel delays associated with the work activities.
- Facilitate access to abutting properties and minimize disruption and loss of revenue to adjoining businesses.
- Address issues that might interfere with the contractor's ability to accomplish the work within the specified working days of the contract.

(1) Time Restrictions

The traffic volumes on a highway or street vary greatly both during the day and the week. Generally on weekdays maximum traffic flows (peak hour volumes) occur twice a day, in the morning and in the early evening. Additionally, these traffic flows tend to be unidirectional. In the morning the predominate traffic flow is to a major destination and in the evening the flow is reversed. Construction activities on the portion of the roadway not being used by the peak traffic flow will cause less disruption. After these peak traffic periods, volumes decrease significantly and construction activities during these periods will have less impact on the highway users. During the late evening, traffic volumes drop to extremely low levels. Construction activities during these time periods have minor impacts on the traffic flow, but require additional safety considerations because of reduced visibility and diminished motorist skills during the hours of darkness.

As noted above, construction in work zones can have a negative impact on peak hour traffic demands. It is sometimes necessary to curtail work at certain times during the day and open closed traffic lanes to reduce traffic delays. These periods are referred to as the hours of restriction in the contract and are the hours when all existing lanes are open to traffic. The maximum capacity a traffic lane in construction work zones tends to be lower than that used in normal capacity analysis. This is due in part to the number of visual distractions and to the narrow lanes within the work zone.

Traffic lanes in work zones reach saturation before the traffic volume approaches the theoretical maximum lane capacity of a free-flowing facility. See the *Highway Capacity Manual* and *Planning and Scheduling Work Zone Traffic Control* guidebook for applicable lane volumes and other factors. Several elements, including, lane restrictions, adjacent channelization devices, excessive signing, and distractions along on the roadside, contribute to lower lane capacity in work zones. When the traffic volume exceeds the capacity of the facility, operating speeds start dropping quickly. This slowing at the front of the traffic platoon is then amplified back through the following traffic and severe braking and stopping occurs. Once the traffic flow reaches this "forced flow" condition, traffic backups will occur and normal free flow conditions will not return until well after the usual peak hour condition. When specifying the time restrictions in the contract, consider beginning the restriction before the actual peak hour volume condition occurs.

Certain holidays, particularly those that extend beyond the normal weekend, and special events can generate abnormally high traffic volumes. Restrictions are needed on construction activities that might restrict or reduce the highway's capacity during these times.

When determining the hours of restriction, check the local agency noise ordinances and determine what construction work can be done at night. Construction activities that cause excessive noise, such as pile driving, are usually prohibited at night in urban areas. Also, older types of

changeable message signs and arrow panels use noisy engine-powered generators. Limitations on noise levels are also included in the contract documents.

Time restrictions can also affect the time required to complete the project. The total working days specified in the contract must address the possible reduction in productivity caused by the time restrictions imposed on the contractor. When considering time restrictions, estimate the time required to set up and take down the traffic control devices and the time needed by the contractor to bring the construction equipment and materials into the work area. If this total time coupled with the proposed time restrictions does not provide a normal eight to ten hour work shift, productivity will drop and contract costs will escalate.

Excessive disincentives (referred to as liquidated damages in the Standard Specifications) can be included in the contract to encourage the contractor to complete the work within a specified time. When contracts specify unusually short time periods to complete the work or impose numerous time restrictions when work cannot be accomplished, contractors must increase their work force significantly, use abbreviated work shifts, and pay premium wages for work preformed during nontypical work periods. This usually results in disproportionately higher contract bids and during construction can lead to claims against the contract and even litigation to resolve disputes. It might also produce a strained or hostile relationship between the contractor and Project Engineer.

Incentives, in the form of additional monetary compensation, coupled with provisions that allow the contractor latitude in proposing innovative ways of accomplishing the work, are sometimes more effective. Total contract costs can often be less when incentives rather than disincentives are used. Incentives are usually only used when a high level of productivity is required from the contractor to complete the contract or a portion of the contract as soon as possible to reduce road use costs and delays. Incentives are also used when a critical element of the work has significant public concern or political interest. The failure to complete these critical work elements on time can also have an undesirable negative effect and disincentives are included with incentives to emphasis the importance of the work.

Total road user costs are generated during the traffic analysis in the design stage of a project and can be the basis for determining disincentives or incentives in a contract.

(2) Road Closures

Closing a highway, street, or ramp, while not always practical, is a desirable option from a safety viewpoint. For the traveling public, closing the road for a short time might be less of an inconvenience than driving through a work zone for an extended period of time. The time necessary for construction is also reduced and work zone safety is significantly improved. Road closures usually minimize the on-site work zone traffic control, which in turn reduces the construction costs. Road closures can add to the cost of the project because off-site traffic control is needed to provide signing and improvements to detour routes, advanced motorist information signing, and media announcements.

Consider a roadway closure if an alternate route is available. The alternate route must have a sufficient lane capacity to carry the additional traffic volumes and the structural capacity of the pavement must be capable of withstanding the impact of heavier vehicles. Also, determine if there are any vertical clearance restrictions that will prevent trucks from using the route. See Chapter 1120 for vertical clearance requirements. A written agreement with the local agency is usually necessary to route additional traffic on to their roadways. A road closure might isolate private residences or deny access to businesses fronting the highway. State law prohibits "land-locking" property owners. If an alternate and reasonably direct access route is not available for these people, the road closure cannot be considered.

If a road closure is feasible, take the following actions:

- Obtain local agency approval to use a local roadway as a detour.

- Meet with the community and businesses to discuss the roadway closure and find ways to mitigate the community's concerns.
- Determine the maximum number of days allowed for the closure and incorporate this into the contract documents.
- Determine if liquidated damages or incentives for early completion will be necessary to ensure completion of the work within the time required.
- Determine if additional traffic control measures are needed at intersections on the detour route.
- Consider jobsite access for the contractor's workers and equipment.
- Contact emergency services, schools, transit, and civic organizations.
- Develop a method for conveying notification of the planned road closure to the public. Extensive multimedia approaches are necessary for the closures of major highways.

(3) Predicting Delay and Cost

In the work areas of long-term major projects, traffic delays, the possibility of crashes, and other factors contribute to the overall costs of a project. These costs, called user costs, are indirect, being societal, but are considered when proposing work zone traffic control options. These costs involve the following:

- Crashes and the resulting property damage, injuries, and possible fatalities.
- Vehicle delays and loss incurred by the motorist.
- Vehicle operation and fuel consumption.
- Business revenue losses.

Methods of predicting delay and costs are contained in the guidebook, *Planning and Scheduling Work Zone Traffic Control*. The Headquarter's Transportation Data Office can assist in providing factors for various societal costs. Options that provide the least cost to the public are then weighed against the project costs for providing traffic control. Restrictions on high volume highways for extended periods of time can result in extraordinarily higher user costs and might favor a road closure to reduce project costs.

810.07 Work Zone Safety

Effective work zone traffic control strategy encompasses the safety of all users and is not limited to providing clear guidance and warning to the motorist. Work areas present constantly changing roadway conditions that might be unexpected by the motorist and the likelihood of confusing some drivers is increased. The possibility of errant vehicle crashes creates a high degree of vulnerability for workers, flaggers, pedestrians, and bicyclists in the work zone.

(1) Workers

Working on or along the highway on construction projects is one of the more hazardous work environments in the state. The risk of being struck by a vehicle traveling through the work zone increases as traffic volumes and speeds increase. Long delays can cause some motorists to become impatient and act unpredictably. Consider the risk to workers when developing the traffic control plans for long-term stationary work zones.

Traffic barriers provide the most effective protection for workers and eliminate the need for flaggers and many traffic control devices. The costs of furnishing and removing temporary traffic barriers on longer duration projects can often be less than the cost associated with the frequent repositioning of other traffic control devices. Intrusion warning devices, used to alert workers to an errant vehicle that has intruded into the work zone, are ineffective on high-speed roadways because the worker has little time to react to the warning. Also, construction and traffic noise can mask the sound emitted from these devices.

(2) Flaggers

In a general sense, flaggers are also workers. Their function in the work zone, however, is uniquely different than other workers and they are treated as a separate group. Flaggers must perform their duties in extremely high-risk situations. Flaggers are not included in traffic control strategies until all other reasonable means of traffic control have

been considered. More innovative traffic control methods such as temporary traffic signals, detour routes, and alternative traffic control plans can eliminate the need for flaggers.

Flaggers are normally used to stop traffic for short duration work activities such as intermittent lane closures. They can also be used to watch traffic and alert workers of the approach of an errant vehicle. Using flaggers solely to instruct motorists to proceed slowly is ineffective and is an unacceptable practice. When flaggers are used, provide a method of alerting flaggers to the hazard of a vehicle approaching from behind. When flagging is needed for nighttime construction activities, provide adequate illumination of the flagger's station. Shortwave radios or cellular phones might be necessary to allow flaggers to communicate with one another when they are required to control traffic movements in shared right of way work zones.

(3) Road Users

Road users, rightfully, assume they have full use of the roadway unless directed otherwise. The message conveyed to the user through signing, markings, and devices must be consistent and credible.

(a) **Motorist.** Effective planning and design of work area traffic control zones begins with the motorist. If motorists can easily understand the traffic control and have adequate time to react or make rational decisions, they will operate their vehicles in a safer manner. It is essential that designs be based upon the characteristics and limitations of drivers who use the highway and street networks. As speeds increase on a facility, the motorist requires more time to respond to conditions. Perceived insufficient or conflicting information and too much information conveyed by signing will confuse the motorist and contribute to erratic driving behavior. Credibility might be damaged if signing and other devices warn the motorist of a condition that no longer exists.

(b) **Pedestrians.** Public highways and streets cannot deny access to pedestrians if no other route is available to them. Even in work zones, adequate facilities are provided to allow pedestrians to travel through or around the work zone. In urban areas and other locations where pedestrian travel is pronounced, the construction of temporary pathways that route the pedestrian around the work zone may be necessary. Covered walkways are provided in the work zone when there is a potential for falling objects to strike pedestrians. All pedestrian facilities within the work zone must comply with ADA requirements for barrier-free access. See Chapter 1025 for pedestrian design requirements.

(c) **Bicyclists**. Bicyclists are allowed on most highways and streets and many use the bike as their principal means of transportation. In work areas where the speeds are in the range of 25 to 30 mph, the bicyclist can use the same route as motorized vehicles. On higher speed facilities the bicyclist will not be able to match the speed of these motorized vehicles and a different route or detour is sometimes necessary for safety and to reduce vehicular delays. When this is not possible, the bicyclists can be instructed to dismount and walk their bikes through the work zone on the route provided for pedestrians.

Riding surfaces are important for safe bicycle operation. Loose gravel, uneven surfaces, milled pavement, and various asphaltic tack coats endanger the bicyclist. Consider the condition of the surface the bicyclist will be required to use. See Chapter 1020 for more bicycle design requirements.

(d) **Motorcycles.** The riding surface is also important for motorcycle rider safety. The same surfaces that are a problem for bicyclists are also difficult for motorcyclists. Stability at high speed is a far greater concern for motorcycles than cars on grooved pavement, milled asphalt and tapers from existing pavement down to milled surfaces. Contractors must provide adequate warning signing for these conditions to alert the motorcycle rider.

(e) **Oversized vehicles.** Oversized vehicles exceed the legal width, height, or weight limits for vehicles, but are allowed on certain state highways. The regions' maintenance offices issue permits that allow these oversized vehicles to use these routes. If the proposed work zone will not accommodate these vehicles, provide adequate warning signs and notify the region's

maintenance offices that issue these permits. In this notification, identify the type of restriction (height, weight, or width) and specify the maximum size that can be accommodated. On some projects, it may be necessary to designate a detour route for these oversized vehicles.

810.08 Regulatory Traffic Control Strategies

On highways with high posted speeds and aggressive drivers, traffic control measures can be difficult to enforce without the presence of police. Aggressive driver behavior is common in large metropolitan areas where commuters are a major component of the traffic. In these areas, consider strategies that rely on regulatory signing with law enforcement. The messages conveyed on regulatory signs, as shown in the MUTCD, can be enforced and citations can be issued by law enforcement agencies for infractions. Many signs within a work zone, however, are warning signs and compliance is a desired action and not a requirement. Even the advisory speed plaques installed under warning signs cannot be enforced.

(1) Enhanced Enforcement

Enhanced enforcement is the term used for stationing law enforcement personnel in the work zone. Their presence at the job site is to ensure compliance with motor vehicle laws and to moderate aggressive driver behavior. In general, work zones operate effectively if the correct strategy is implemented and law enforcement personnel are not necessary. Enhanced enforcement is only used when all other forms of traffic control can be shown to be ineffective in performance or excessive in cost.

When considering the use of enhanced enforcement, the initial determination is based on the designer's engineering judgment and the consensus of the region's maintenance, construction, traffic offices, and law enforcement input. Consider the following factors before proposing enhanced enforcement:

- The type of construction activity
- The complexity of the traffic control plans
- The possible need for a speed reduction
- Traffic volumes
- Excessively high speeds
- Abnormally high crash rates
- High frequency of DWI citations
- Nighttime work activities
- Geometric conditions
- Past history of traffic problems in similar areas

(2) Speed Reduction

The speed limits on state highways are set by the State Traffic Engineer and cannot be changed without approval. The speed limit for a facility is usually determined by conducting a speed survey and using the highest speed that 85 percent of the traffic drives.

Motorists tend to drive at a speed that seems appropriate for the conditions. Imposing an artificially low speed limit is rarely effective and even a speed reduction of 10 mph will have a very low compliance rate.

However, speed reductions can decrease crashes and work zone intrusions on high-speed multilane facilities when enhanced enforcement is present and the speed limit can be lowered temporarily during construction. Proposals to reduce the speed limit in these conditions are forwarded to the region's traffic office for consideration. Speed reduction guidelines are outlined in RCW 47.38.020, the *Construction Manual*, and Directive D 55-20, "Reduced Speed in Maintenance and Construction Zones."

The implementation of reduced speed zones is only considered when all other forms of traffic control are not effective in warning the motorist of conditions that require a slower operating speed. Examples of these conditions are:

- Reduced stopping sight distance
- Proximity to traffic barriers
- Severe roadway geometrics
- Extremely narrow lanes

810.09 Traffic Control Plans and Devices

The traffic control plans shown in the MUTCD and the Standard Plans provide the guidelines for individual situations. Most real-world locations have a combination of several situations and other geometric factors that require further augmentation of the traffic control. Traffic control devices are signs, traffic control signals, pavement markings, and other devices placed on or adjacent to a street or highway to regulate, warn, or guide traffic.

(1) Traffic Control Plans

Work zone traffic control plans are prepared for specific construction activities, such as lane reductions, closures, temporary bypasses, and the like, so the contractor has as much freedom as possible in scheduling the work. A specified construction sequence is not desirable because it might favor one contractor's methods of construction and might create an unacceptable bidding climate. All traffic control plans are site-specific in that the alignment of the roadway, lane configuration, intersection locations, and all other physical details peculiar to the project are shown. The traffic control plans shown in the Standard Plans cannot be used in WSDOT administered contracts. Contract specifications are used to identify when construction activities must be curtailed to maintain traffic flow.

The preparation of these plans and specifications requires the designer to not only have a thorough knowledge of highway construction activities but also an understanding of the unique traffic flow patterns within the specific project. The designer must be cognizant of the dynamic nature of construction activities and provide a constructible traffic control plan that will also safely and efficiently manage traffic. In addition, the users of the facility have little or no understanding of the construction occurring in the work zone and require far greater guidance than the contractor's or agency's people, who are familiar with the project. Traffic control plans are always designed from the perspective of motorists, pedestrians, and bicyclists' to provide the necessary information so they can proceed in a safe and orderly manner through a work zone. Unexpected roadway conditions, changes in alignment, and temporary roadside obstacles relating to the work activity need to be defined adequately to minimize the user's uncertainty.

(2) Physical Barriers

Physical barriers are used to both separate opposing traffic movements and separate the road users from the work zone. They are appropriate when errant vehicle intrusions into the work area are not acceptable. Unacceptable intrusions are those that can jeopardize the safety of the motorist or the workers. Three types of barrier protection are used in construction work zones. These are water-filled barriers, moveable barriers, and temporary concrete barriers.

Physical barriers are normally installed at the following locations:

- The separation of opposing traffic where two-way traffic must be maintained on one roadway of a normally divided highway for an extended period of time.
- The separation of opposing traffic where a four-lane divided highway transitions to a two-lane, two-way roadway that is being upgraded to become a divided four-lane roadway.
- Where drums, cones, barricades, or vertical panels do not provide adequate guidance for the motorist or protection for the worker.
- A multiple lane separation in a long term stationary work zone.
- Where workers are exposed to unusually hazardous traffic conditions.
- Where existing traffic barriers and bridge railings are removed during a construction phase.

(a) **Water-filled barriers** are longitudinal barrier systems that use lightweight modules pinned together and filled with water. They may be used as an improvement over traffic cones and drums to channelize traffic through a work zone. They are most frequently used in short-term work zones because of the relative ease and rapidity of installation and removal. Two different water filled barrier systems (Triton and Guardian) have

been crash tested with the test vehicle striking the system at a 25 degree angle at 45 mph and 60 mph. The barriers deflected up to 13 ft at 45 mph and 23 ft at 60 mph. At lesser speeds and angles this deflection will be less. However, with this amount of deflection, water-filled barrier will generally not be practical when large deflections or penetration of the barrier system is undesirable. Therefore, they cannot be considered as a substitute for concrete barrier.

The minimum length of water-filled barrier is 100 ft. At a 45 mph impact, the leading 30 ft of the barrier does not contribute to the length of need. For 60 mph, the beginning 60 ft does not contribute to the length of need. One of the water-filled systems, the Triton Barrier, can act as its own end treatment if the end module is left empty and the retaining pin is left out of the exposed end. The other system, the Guardian, requires a crashworthy end treatment or a TMA on the approach end.

(b) **Moveable barriers** are specially designed segmental barriers that can be moved laterally as a unit to close or open a traffic lane. Initial costs are high and it will only be considered in a long-term stationary work zone if frequent or daily relocation of a barrier is required. The ends of the barrier are not crashworthy and must be located out of the clear zone or fitted with an impact attenuator. Adequate storage sites at both ends of the barrier are required for the unique barrier-moving machine.

(c) **Temporary concrete barriers** are the safety-shape barriers shown in the Standard Plans. They are used in long-term stationary work zones on high-speed, multilane facilities. They are also used as a temporary bridge rail when existing bridges are being modified. These concrete barriers are often displaced in impacts with errant vehicles. Lateral displacement is usually in the range of two to four feet. When any barrier displacement is unacceptable, these barriers are anchored to the roadway or bridge deck. Anchoring systems are also shown in the Standard Plans.

The approach ends of temporary concrete barriers are fitted with impact attenuators to reduce the potential for occupant injury during a vehicle collision with the barrier. Examples of impact attenuators are shown in Chapter 720.

(3) Truck Mounted Attenuators

A truck mounted attenuator (TMA) is a portable impact attenuator attached to the rear of a large truck. Ballast is added to the truck to minimize the roll-ahead distance when impacted by a vehicle. The TMA is used as a shield to prevent errant vehicles from entering the work zone. They are most frequently used in short-term or mobile work zones.

(4) Fixed Signing

Fixed signing are the signs mounted on conventional sign supports along or over the roadway. This signing is used for long-term stationary work zones. Ground-mounted sign supports are usually wood and details for their design are in Chapter 820. Sign messages, color, configuration, and usage are shown in Part VI of the MUTCD. Sign mounting height and lateral placement requirements are somewhat different than those for permanent signing. These requirements are shown in Figures 810-2a and 2b. When preparing the work zone signing plan, review all existing signing in advance of and within the work zone for consistency. Cover or remove existing signs that can be misinterpreted or be inappropriate during construction.

(5) Portable and Temporary Signing

Portable and temporary signing is generally used in short term or mobile work zones where frequent repositioning of the signs is necessary to keep pace with the work along the highway. These signs are mounted on collapsible sign supports or vehicles. Portable changeable message signs (PCMS) and arrow board displays have electronic displays that can be modified. These signs are usually mounted on trailers and use batteries or a generator to energize the electronic displays.

Place the PCMS far enough in advance of the roadway condition to allow the approaching driver adequate time to see and read the sign's message twice. The following are some typical situations where PCMS are used:

- Where speed of traffic is expected to drop substantially.
- Where significant queuing and delays are expected.
- Where adverse environmental conditions, such as ice and snow, are present.
- Where there are extreme changes in alignment or surface conditions.
- Where advance notice of ramp, lane, or roadway closures is necessary.
- When accident or incident management teams are used.

The arrow board displays either an arrow or a chevron pointing in the direction of the intended route of travel. Arrow board displays are used for lane closures in multilane roadways. When closing more than one lane, use an arrow board display for each lane reduction. Place the arrow board at the beginning of the transition taper and out of the traveled way. The caution display (four corner lights) is only used for shoulder work. Arrow boards are not used on two-lane two-way roadways.

(6) Channelization Devices

Channelization devices are used to alert and guide the motorist through the work zone. They are a supplement to signing, pavement markings, and other work zone devices. Cones, tubular markers, and drums are shown in Figure 810-3. Barricade types are shown in Figure 810-4.

(a) **Cones.** Cones are either orange, fluorescent red-orange, or fluorescent yellow-orange in color and are constructed of a material that will not cause injury to the occupants of a vehicles when impacted. Eighteen-inch high cones can be used in the daytime on lower speed roadways. For nighttime operations and high speed roadways, reflectorized 28” high cones are necessary. Traffic cones are used to channelize traffic, divide opposing traffic lanes, and delineate short-term duration work zones.

(b) **Tubular Markers.** Tubular markers are fluorescent orange in color and are constructed of a material that will not cause injury on impact. They are available in heights from 18 inches to 4 feet. The taller marker is used on freeways and other high-speed highways or anyplace where more conspicuous guidance is needed. However, these taller markers, when placed near the edge of a traveled lane, can reduce the capacity of a traffic lane. The motorist will perceive the marker as a hazard and will either decelerate or attempt to move away from the marker to avoid contact. When the carrying capacity is critical, provide as much lateral clearance as possible to eliminate this problem. The shorter marker is less imposing in appearance and provides acceptable delineation.

(c) **Drums.** Drums are fluorescent orange in color, constructed of lightweight, flexible materials and are a minimum of 3 feet in height and 18 inches in diameter. Drums are the more commonly used devices to channelize or delineate traffic routes. They are highly visible and appear to be formidable obstacles. Drums are used at locations where high vehicular speeds are present because they have weighted bases and are less likely to be displaced by the wind generated by moving traffic.

(d) **Barricades.** The barricades used in work zone applications are portable devices. They are used to control traffic by closing, restricting, or delineating all or a portion of the roadway. There are four barricade types.

- The Type I Barricade is used on lower speed roads and streets to mark a specific hazard or channelize traffic.
- The Type II Barricade is used on higher speed roadways and has more reflective area for nighttime use.
- The Type III Barricades are used for lane and road closures.
- The Direction Indicator Barricade is used to define the route of travel on low speed streets or in urban areas where tight turns are required. In lane reductions, the directional arrow on this barrier can be used in the transition taper to indicate the direction of the merge.

(7) Illumination

Illumination might be justified if construction activities take place on the roadway at night for an extended period of time. Illumination might also be justified for long term construction projects at the following locations:

- Road closures with detours
- Road closures with diversions
- Median crossovers on freeways
- Complex or unexpected alignment or channelization
- Haul road crossings (if operational at night)
- Temporary traffic signals
- Temporary ramp connections
- Disruption of an existing illumination system

See Chapter 840 for light level and other electrical design requirements. When flaggers are necessary for nighttime construction activities, always illuminate the flagger stations.

(8) Delineation

Pavement markings provide motorists with clear guidance of the path through the work zone and are necessary in all long-term work zones. Temporary pavement markings can be either painted, thermoplastic tape, or raised pavement markers. Remove existing confusing or contradictory pavement markings.

Other delineation devices are guideposts, concrete barrier delineators, and lateral clearance markers. These devices have retroreflective properties and are used as a supplement in delineating the traveled way during the nighttime. See Chapter 830 for guidepost delineation requirements. Lateral clearance markers are used at the angle points of barriers where they encroach on or otherwise restrict the adjacent shoulder. Concrete barrier delineation is necessary when the barrier is less than four feet from the edge of the traveled way. This delineation can be either barrier reflectors attached to the face of the barrier or saddle drum delineators that sit on the barrier. Figure 810-5 shows examples of both types of barrier delineators.

(9) Screening

Screening is used to block the motorist's view of construction activities adjacent to the roadway. Construction activities can be a distraction and motorist's reaction might cause unsafe vehicle operation and undesirable speed reductions. Consider screening the work area when the traffic volume approaches the roadway's capacity. Screening can be either vertically supported plywood panels or chain link fencing with vertical slats. These types of screening are positioned behind traffic barriers to prevent impacts by errant vehicles. The screening is anchored or braced to resist overturning when buffeted by wind.

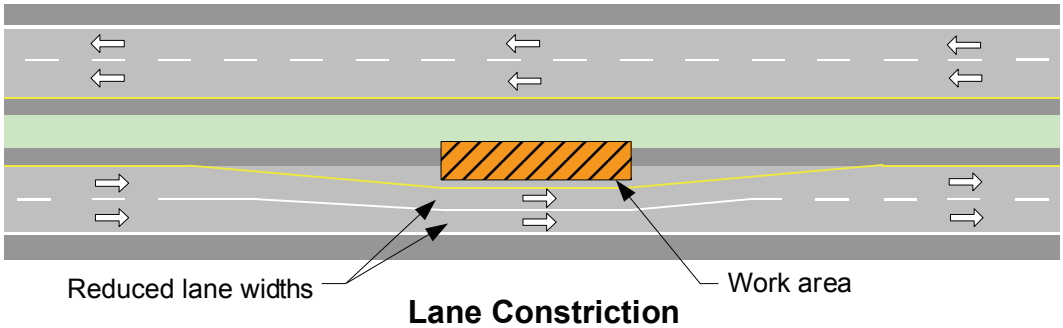
Another type of screening, glare screening, is also used on concrete barriers separating two-way traffic to reduce headlight glare from oncoming traffic. Vertical blade type screens are commonly used in this installation. This screening also reduces the potential for motorist confusion at nighttime by shielding the headlights of other vehicles on adjacent roadways or construction equipment. Make sure the motorist' sight distance to critical roadway features is not impaired by these glare screens.

(10) Portable Traffic Signals

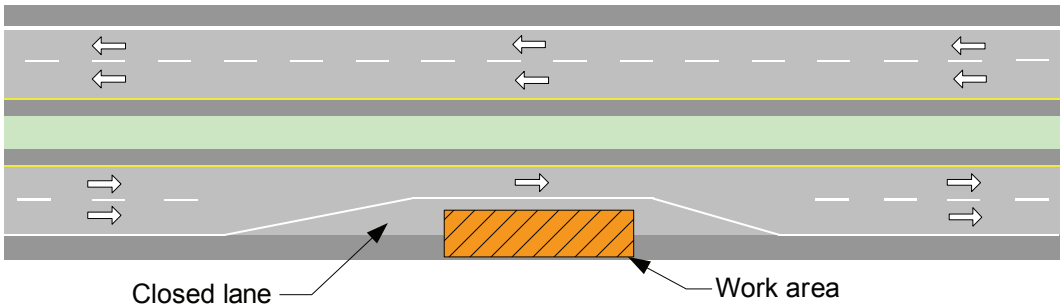
Portable traffic signals are conventional traffic signals used in work zones to control traffic. They are typically used on two-way, two-lane highways where one lane is closed and alternating traffic movements are necessary. They can also be used as a substitute for flaggers to stop traffic. See Chapter 850.

810.10 Documentation

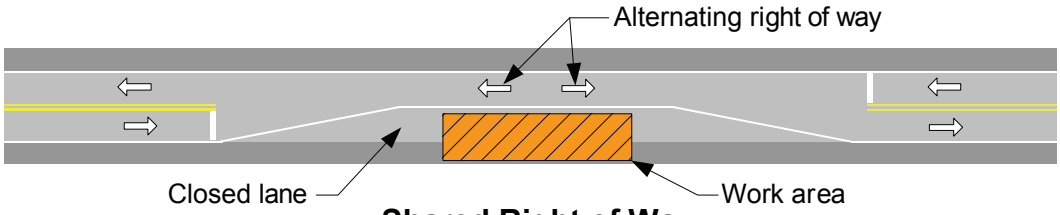
A list of documents that are to be preserved [in the Design Documentation Package (DDP) or the Project File (PF)] is on the following website: http://www.wsdot.wa.gov/eesc/design/projectdev



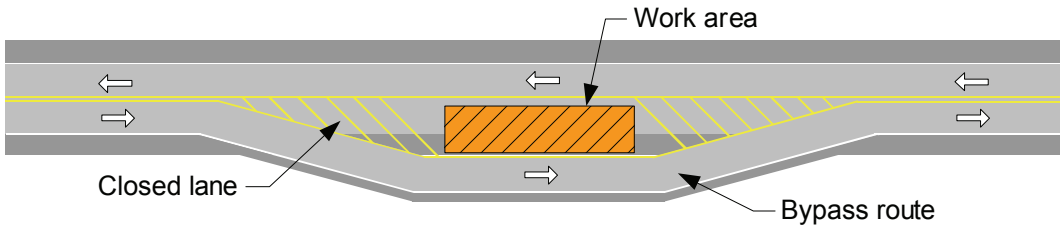
Lane Constriction



Lane Closure

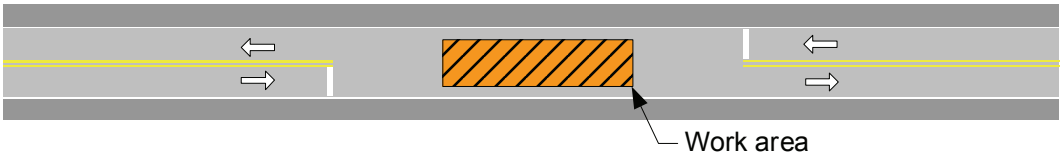


Shared Right of Way

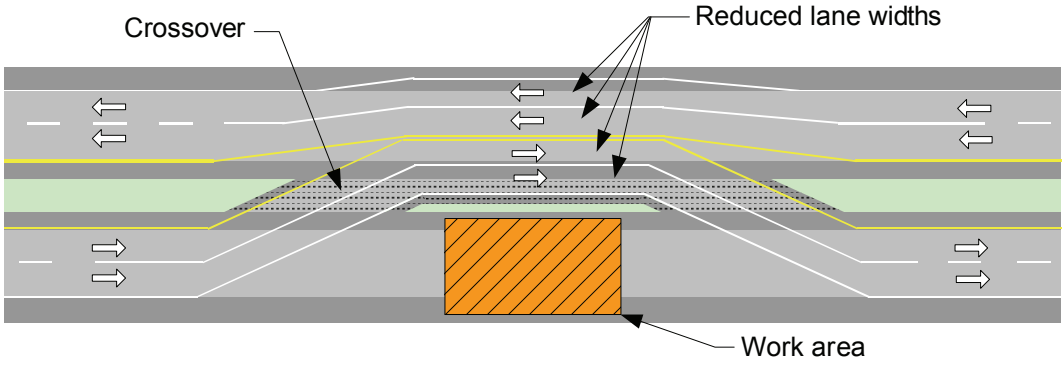


Temporary Bypass

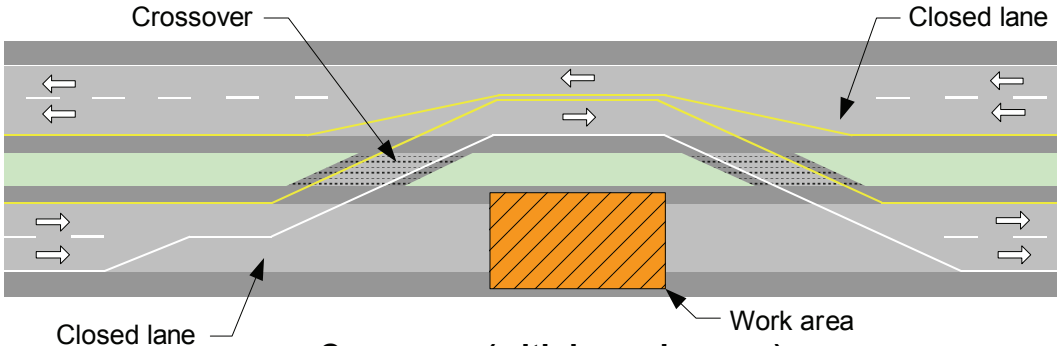
Work Zone Types
Figure 810-1a



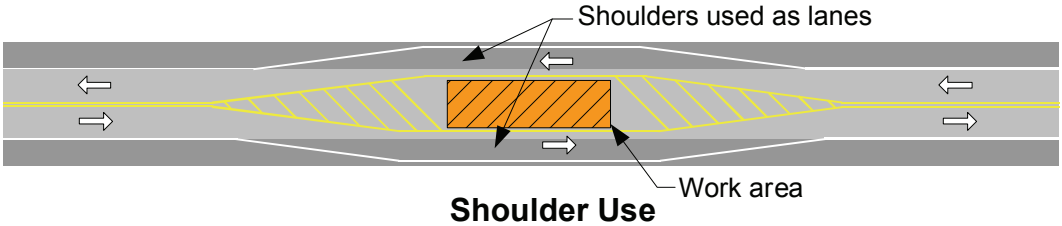
Intermittent Closure



Crossover (with lane constrictions)

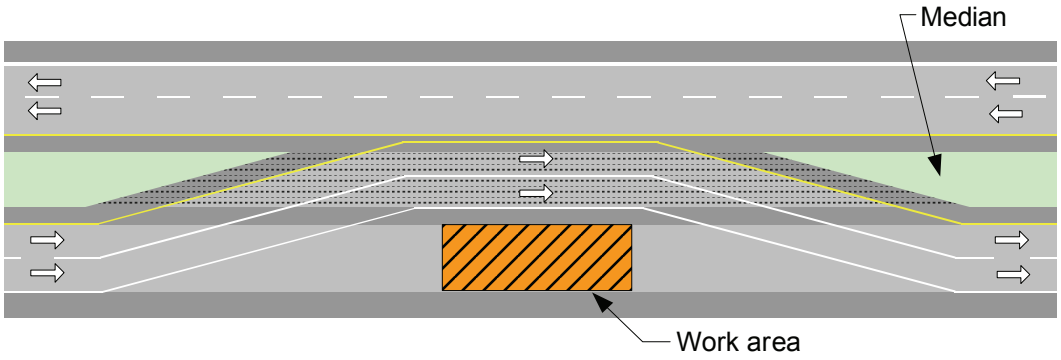


Crossover (with lane closures)

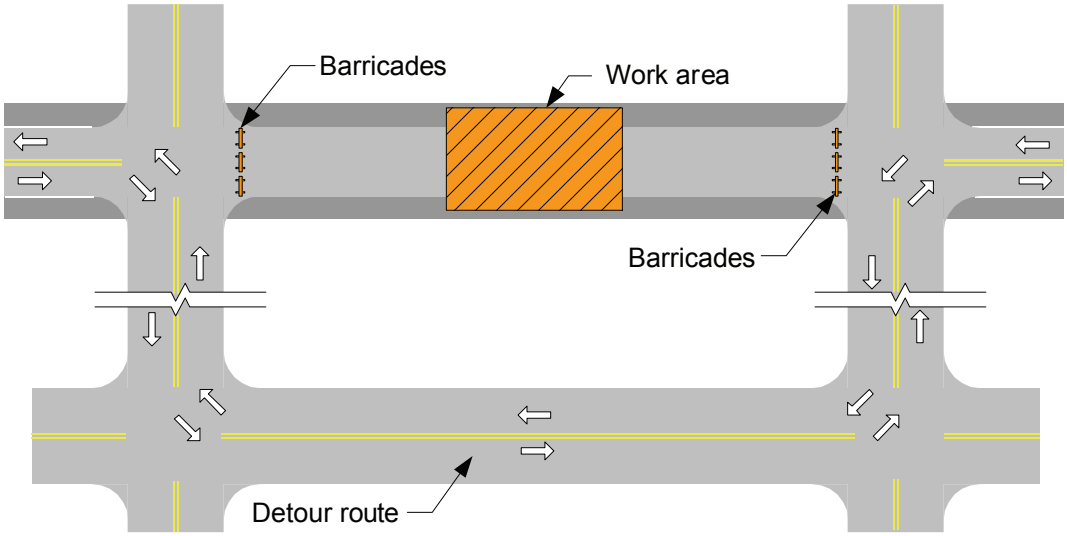


Shoulder Use

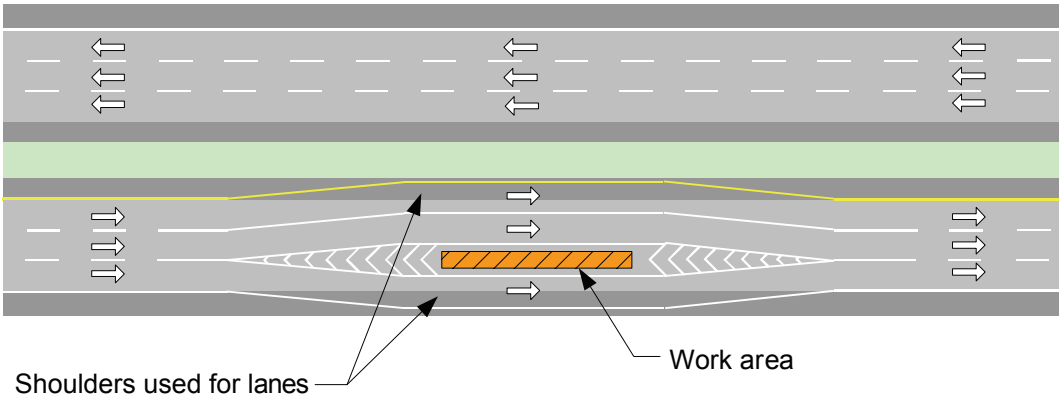
Work Zone Types
Figure 810-1b



Median Use

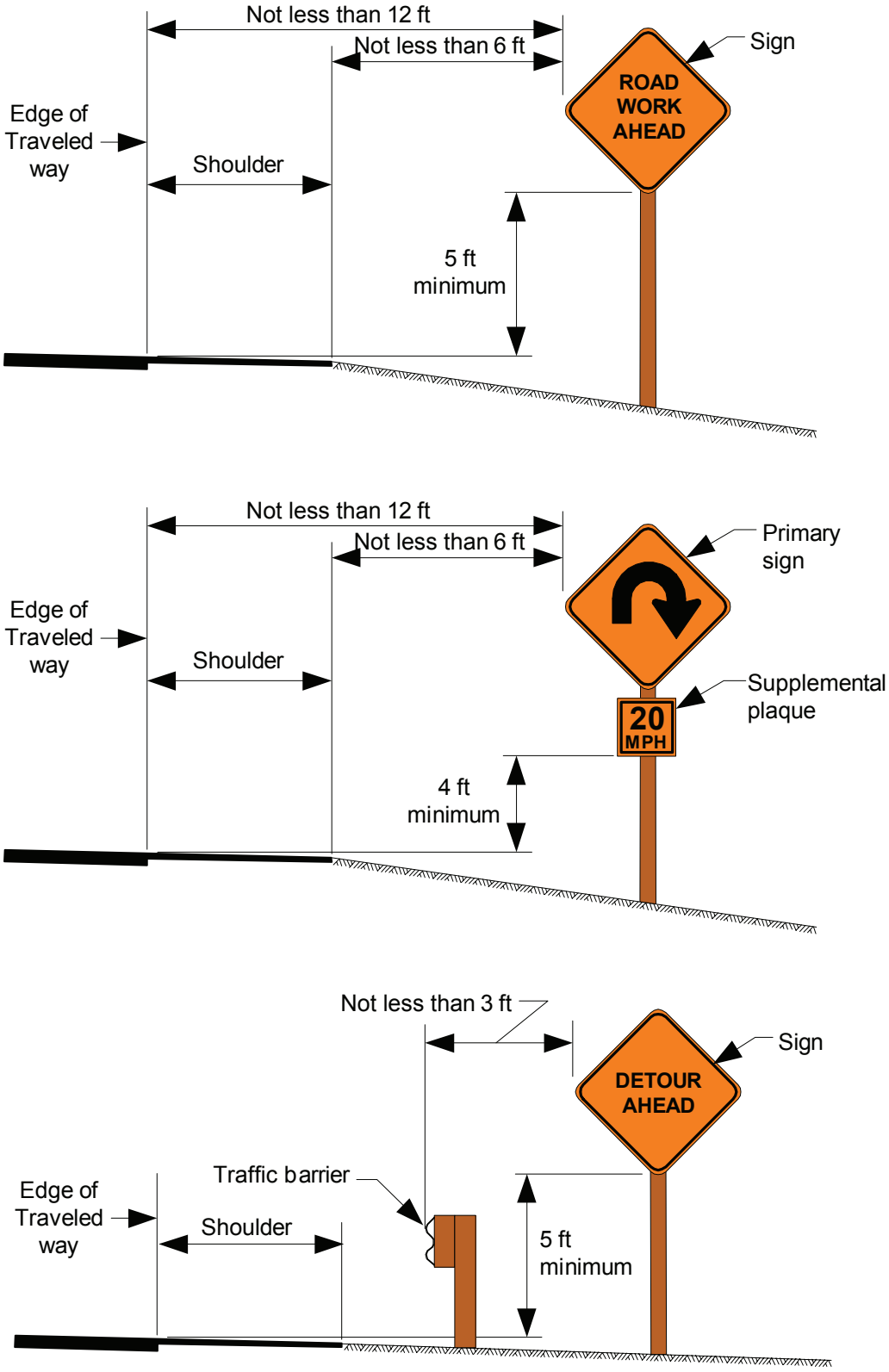


Detour

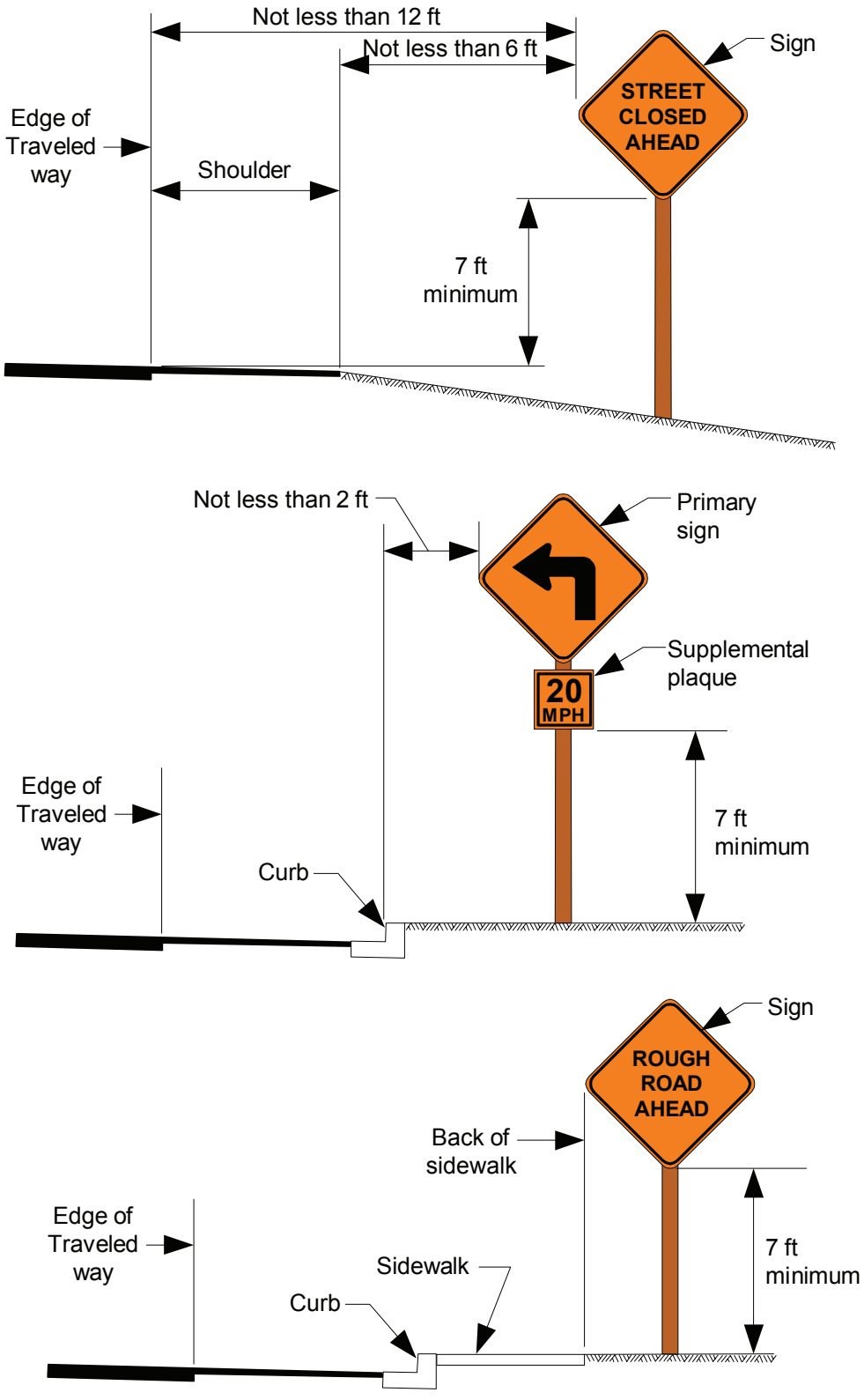


Multiple Lane Separation

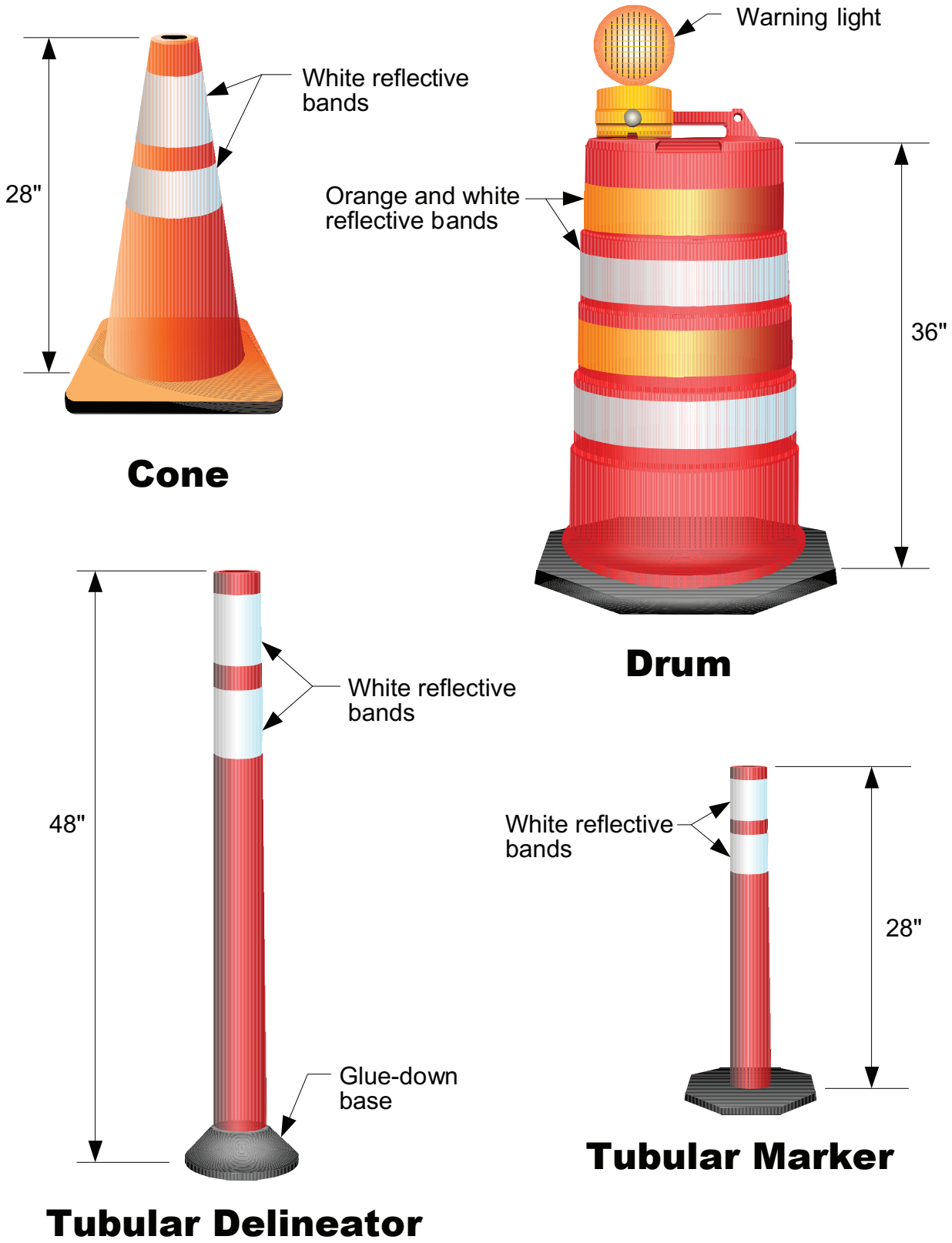
Work Zone Types
Figure 810-1c



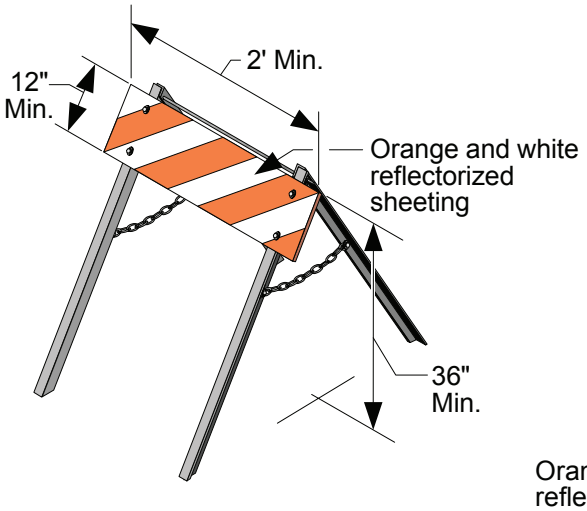
Sign Placement — Rural Areas
Figure 810-2a



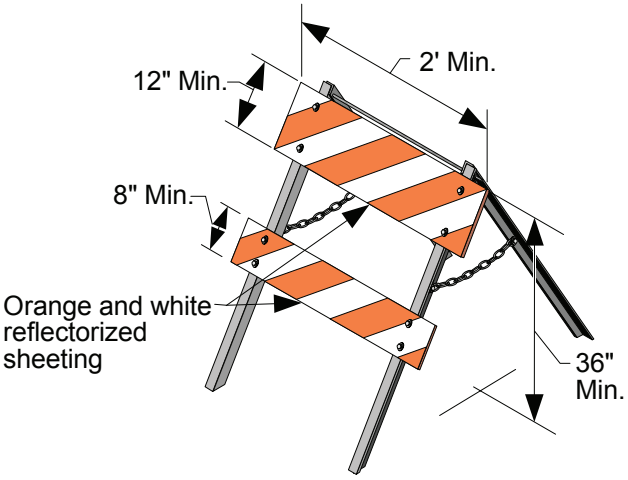
Sign Placement — Urban Areas
Figure 810-2b



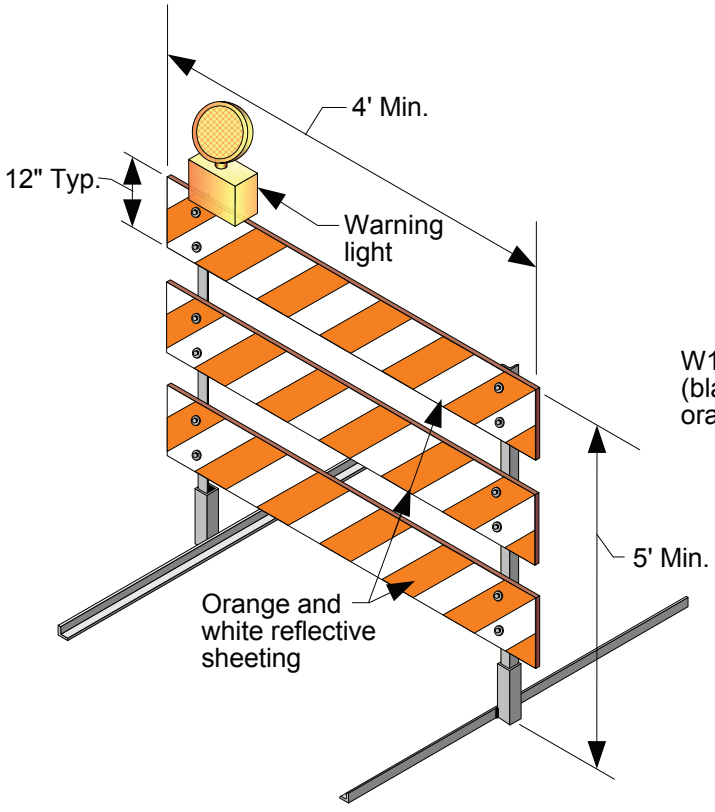
Channelization Devices
Figure 810-3



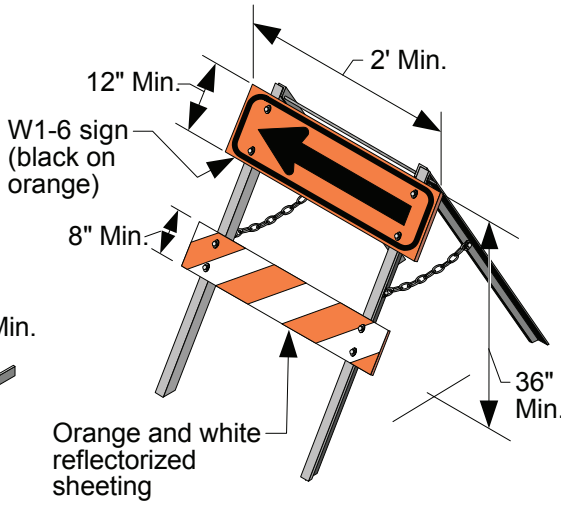
Type I Barricade



Type II Barricade

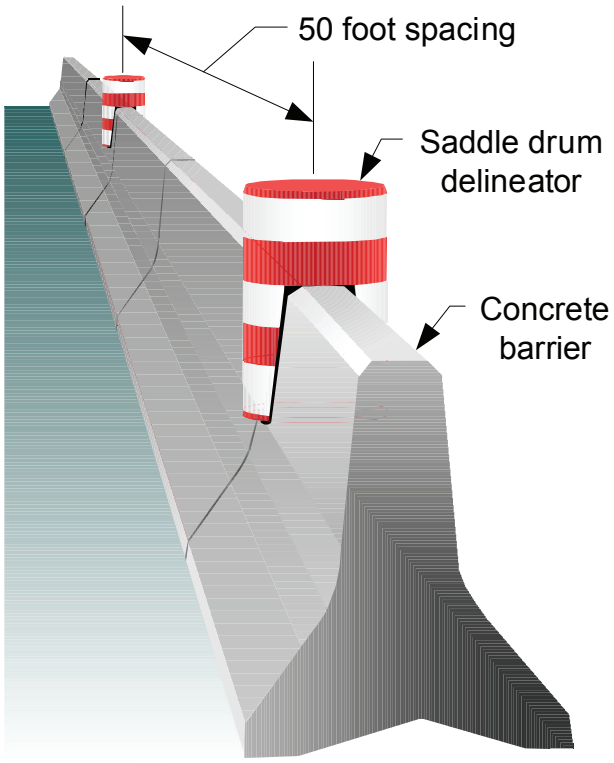


Type III Barricade

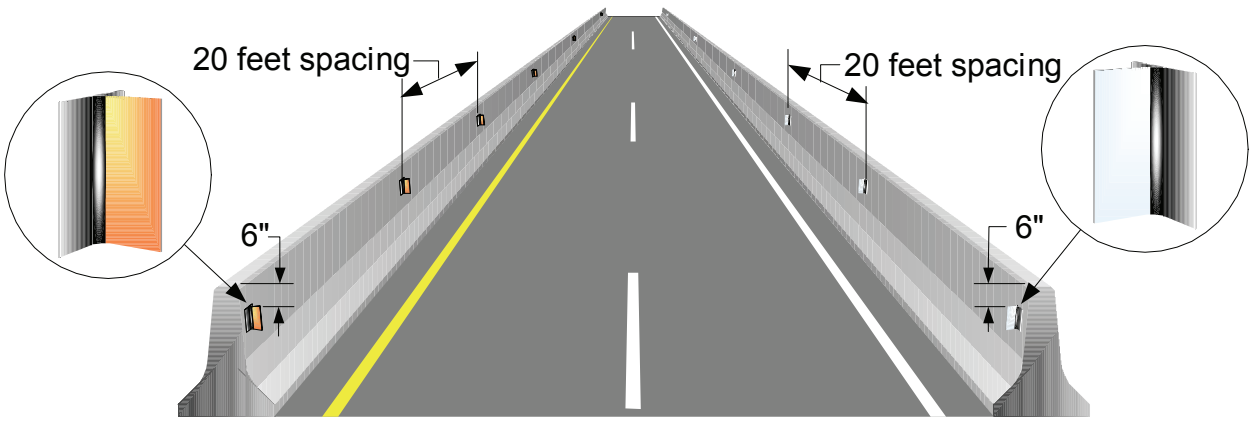


Direction Indicator Barricade

Barricade Types
Figure 810-4



Saddle Drum Delineators



Concrete Barrier Delineators

Note: Color of delineator matches color of adjacent edge line.

Barrier Delineators
Figure 810-5